



THE RESEARCH TRIANGLE PARK **SOFTBALL LEAGUE**

2018 Rule Book

Ryan Mentock, Commissioner
play@durhamsoftball.com

Jimmy Mullen, Head Umpire
mullen5276@yahoo.com



Contents

LEAGUE PHILOSOPHY.....	3
CODE OF CONDUCT.....	3
LEAGUE PROCEDURES.....	4
PLAYER SAFETY.....	4
Safety Regulations	4
Player Injuries	5
Jewelry	5
Thrown Bats.....	5
Restricted Fielding Area.....	5
GAME RULES	6
Valid Game Conditions	6
Valid Starting Rosters	6
Lineup Order	6
Batting Count.....	6
Pitching Arc.....	6
Strike Zone	7
Bunting.....	7
Stealing	7
Double First Base	7
"Walked Man" Rule	8
Ground Rule Double	8
Courtesy / Pinch Runners	8
Obstruction	8

Infield Fly Rule	8
Home Run Rule	8
Mercy Rule.....	9
Additional Hitters.....	9
Defensive Players.....	9
Adding Players During Game	9
Delay of Game Penalties.....	10
LEAGUE RULES	10
Field Details	10
Equipment	10
Game Balls	11
Tournament / Playoff Format.....	11
Tie-Breakers.....	11
Promotion / Relegation	12
GAME TIMES & SCHEDULING	13
Game Starting Times	13
Rainouts.....	13
Forfeits.....	14
UMPIRING & ARGUMENTS	14
Umpires	14
Arguments	14
Ejections.....	15
LEAGUE CONTACTS	15

Updated March 20, 2018 by Ryan Mentock



LEAGUE PHILOSOPHY

The Research Triangle Park Softball League (RTPSL) is a co-ed, recreational, adult, slow-pitch softball league. Participants should play to have fun, make friends, get exercise, and represent their sponsor company to the best of their ability. Players must temper their competitive spirit with good sportsmanship and always attempt to avoid injury, both for themselves and others. Individuals who cannot translate these goals into attitudes and actions on the field should not play in this league.

RTPSL participants must recognize that, as in any sport, there is a potential for significant injury. Players should also recognize that some of their teammates and opponents might have little or no experience playing softball, which makes injuries more likely. For their own safety, all players should learn proper techniques of batting, fielding and base running, and instruct less skilled players in the proper techniques.

ALL PLAYERS ARE RESPONSIBLE FOR PLAYING THE GAME AS SAFELY AS POSSIBLE.

It is the responsibility of the team captains and umpires to monitor the conduct of the players and to take appropriate actions to correct objectionable behavior. Teammates of the offending players should exert pressure to stop offensive behavior. Peer pressure is our most effective means of enforcement. Umpires are charged with ejecting players if, in their opinion, the situation warrants it.

Permission to use the playing fields is contingent upon our respect for the facility and our behavior on and off the fields. Follow all the regulations regarding drinking and parking. You are expected to remove all trash from the field when you leave.

CODE OF CONDUCT

- The base runner and the fielders have a shared responsibility to avoid collisions. See the Playing Rules section for further details.
- Abusive language and/or profanity and vulgar behavior will not be tolerated and can result in player and/or coaches being suspended.
- Individuals will not insult opposing players or umpires.
- Players should park only in the designated parking lots. This includes motorcycles and vans. Do not park on the grass.
- Do not broadcast loud music. Audio equipment is not allowed on the field.
- Fighting constitutes automatic suspension for one calendar year.
- No smoking or unused equipment is allowed in the playing area or the coaching boxes.
- No alcoholic beverages or grills are allowed on RTP Foundation property.



LEAGUE PROCEDURES

All official correspondence with the league should be sent through e-mail to the Ryan Mentock (Commissioner) at play@durhamssoftball.com.

Rules regarding team rosters and game day lineups:

- Rosters will be limited to a maximum of 25 players and a minimum of 12 players.
- Players are only allowed to play on only one team in the RTPSL.
- Players may be added or deleted from rosters before the halfway point of the season.
- Roster changes should be submitted through email at least 1 week prior to the game.
- Waivers are mandatory with no exceptions and need to be received before any player participates in their first game of the season.
- Any player that participates in a game who is not on that team's roster or has not signed a waiver will cause their team to forfeit the game. Contact your commissioner via e-mail if there is any doubt.

The home team is required to keep the official score, though the visiting team should also keep score to verify the home team's records. After the game, the home team captain should confirm the score with the away team and report the final score to the umpire before leaving the field. The umpire will then update the official standings on the league website.

PLAYER SAFETY

Safety Regulations

- It is the base runner's responsibility to run around fielders to avoid collisions. Umpires will not call such a diversion by a runner an out for running out of the base path. The runner may be called out for running out of the base path if, in the judgment of the umpire, he/she was doing so only to avoid the tag.
- A runner should make every attempt to avoid a collision with a fielder in possession of or making a play on the ball. If a collision does occur, the runner will be called out if he/she could have avoided the collision. The runner is out even if the fielder loses control of the ball. This rule especially applies to plays at home plate. If collision occurs and is called so by the umpire the ball is dead and no other runners can advance. If a runner deliberately and forcefully runs into a fielder, the runner is called out and will be ejected immediately.
- Some collisions are inevitable. When a runner sees that a collision is inevitable, he should slide or slow down. A runner can be called out, but not ejected, if he/she did not slide or otherwise try to reduce the impact of an inevitable collision. If the runner slides, he might be tagged out, but will not be called out because of this rule.



- A runner must try to avoid a collision or reduce the force of an inevitable collision. A runner may be called out because of the no-collision rule. This rule will be enforced at the umpire's discretion.
- The fielder also has a responsibility to avoid collision whenever possible. If the fielder appears to purposefully contact a runner, according to the umpire, that runner will be awarded an extra base and the fielder may be ejected.
- These rules are not meant to apply to incidental contact, according to the umpire.

Player Injuries

- If a player is injured and cannot continue to play a team may replace that player with a substitute player from the roster without penalty. The injured player may no longer participate in play once replaced. If the injury results in a team only having 7 remaining participating players that team will forfeit the game.

Jewelry

- For safety, no jewelry is allowed, including watches, earrings, or bracelets. There is an exception for wedding bands and necklaces that can be kept under the shirt collar, which are allowed. Failure to comply will result in an out or ejection.

Thrown Bats

- The first player to throw a bat during a game will be issued a warning that will apply to their entire team. Any additional thrown bat by that team during the game will result in an automatic dead ball out for the batter. A thrown bat will be defined as any situation where the batter endangers the catcher, umpire, or on-deck batter with their bat after a swing.

Restricted Fielding Area

- Infielders may not be inside the baselines prior to the batter making contact with the ball.
- Outfielders may not be on the infield dirt prior to the batter making contact with the ball.
 - A player's status as an "Infielder" or "Outfielder" is determined based on where the player was placed during the previous batter.
- If a fielder enters this area prior to the batter's contact, the ball will be declared dead and the batter will be awarded 1st Base automatically.



GAME RULES

Valid Game Conditions

- A game is official if a team has 8 or more players, with at least 2 female players.
- If a team only has 8 players, the opposing team may volunteer to supply a catcher whose only duty is to return pitched balls.

Valid Starting Rosters

- There must be a minimum of 2 women in defensive positions to start a game.
- A maximum of 7 men are permitted in defensive positions.
- A team may play 7 men and 2 women if a third woman is unavailable.
- There must be a minimum of 8 players to start a game, including 2 women.

Lineup Order

- There can be no more than 3 men batting in a row regardless of the bottom and the top of the order.
- For example, if a team has 11 men and 4 women and is batting the whole team, the order cannot be as follows:
 - WRONG: MMW1MMW2MMMW3MMW4MM
 - This is disallowed because there would be 4 men batting in a row (bottom to top of lineup).
 - RIGHT: MMW1MMW2MMMW3MMMW4M
 - In this case the woman's place must be moved back to prevent 4 men from ever batting in a row.

Batting Count

- 3 strikes is an out. 4 balls is a walk.
- There is no courtesy foul in effect. After the second strike, a foul ball is an out.
- In all games, each batter will begin his or her at-bat with a 0-0 count.

Pitching Arc

- This is a slow pitch league. The ball must be delivered at a moderate speed from below the hip with an arc of at least 6 feet from the ground to a maximum of 10 feet.



Strike Zone

- The strike zone is defined by an extended home plate whose width is the normal plate width and whose depth extends 30" or 2.5' behind the front of the plate. Any pitch landing partially or wholly in this area is a strike.
- A pitched ball that lands on any part of the plate is a BALL.

Bunting

- Bunting, or chopping, is not allowed. Attempts to bunt or chop will be an automatic out; a dead ball will be declared, and runners will return to their bases.

Stealing

- Base stealing is not allowed.
- Leading-off from the base is not allowed.
- Pickoff plays are also not allowed.
- If a runner leaves the bag prior to the ball crossing the plate, the runner will be called out.

Double First Base

- The intent of the double first base is to reduce the chance of a collision between the first baseman and the runner during the initial force out attempt by giving them separate targets, the white part for the first baseman, and the orange part for the runner. Every runner must try to avoid a collision at any base, including both the orange and white parts of the double first base, as described in the section of the Playing Rules regarding collisions.
- A batted ball hitting or bounding over the white portion is declared fair and a batted ball hitting or bounding over the orange portion is declared foul.
- On any force out attempt from the fair side of first base, the defense must use the white portion and the batter/runner the orange portion. The batter/runner is out when there is a play being made at first base and the batter/runner touches only the white portion.
- On any force out attempt from the foul side of first base, or an errant throw pulling the defense off the base into foul ground, the defense and the batter/runner can either use the white or orange portion.
- On extra base hits or balls hit to the outfield, the batter/runner may touch the white or orange portion.
- After the batter/runner passes first base, whether overrunning or toward second base, the color no longer has significance, and the batter/runner can return to either part of the double base.



"Walked Man" Rule

- If a man is walked (intentionally or not) with less than 2 outs and the next batter is a woman, the male batter automatically advances to second base and the female batter is up to bat.
- If a man is walked (intentionally or not) with 2 outs, the female batter has the option to bat or to take a walk.

Ground Rule Double

- If a batted ball rolls under the outfield fence it will be ruled a double; the fielder should raise his hand indicating to the umpire this has occurred.
- All runners on base before the hit will be awarded two bases.

Courtesy / Pinch Runners

- Each team is allowed 1 pinch runner per inning, for any reason.
- If a 2nd pinch runner is required, the team must take an automatic out.
- Another male must pinch run for any male. Another female must pinch run for a female.
- The pinch runner can be anyone on the team of the same gender, but the team incurs an automatic out if the pinch runner is still on base when their turn to bat comes up.

Obstruction

- The runner is awarded an extra base if obstructed by a fielder in the base path, unless the fielder is trying to defensively field the ball or has the ball in his possession ready to tag the runner.

Infield Fly Rule

- The infield fly rule is in effect. The infield fly rule is described as when there are fewer than two outs and there is a force play at third base (i.e., when there are runners at first AND second base, or the bases are loaded), the batter will be called out immediately.

Home Run Rule

- There is a limit of 4 over-the-fence home runs per team.
- Any over-the-fence hits after that will result in an out.
- Inside-the-park home runs do not count against the 4 HR limit.



Mercy Rule

- Games will be considered over due to the Mercy Rule under the following conditions:
 - One team is winning by 20 or more runs after 3 full innings.
 - One team is winning by 15 or more runs after 4 full innings.
 - One team is winning by 10 or more runs after 5 full innings.

Additional Hitters

- If a team starts with a full lineup (10 players in the field with at least 3 women), it can choose to have a 10-position batting order or to have a longer batting order including any number of Additional Hitters so long as this rule is fulfilled.
- Any numbers of Additional Hitters are allowed, if they maintain the MMMW format.
- When using a longer batting order including additional hitters, it is permissible to have some players that bat, but do not play defense.

Defensive Players

- All players that play on defense must be in the batting order. There is no “designated hitter” rule like there is in Major League Baseball.

Adding Players During Game

- If a team starts with only two women, the game can be started with 12 people in a lineup. If the 3rd woman arrives in before the 10th spot in the batting order comes up to bat, the full 12-person lineup can be used. If the 10th spot comes up to bat and the third woman has not yet arrived, the affected team will have to drop the 11th and 12th spots in the batting order and will be forced to use the 10-person lineup:
- 9 players, all of whom must play in defensive positions, and an automatic out for the 10th spot in the batting order where the missing woman would have been.
- Additional Hitters are not allowed if a team has only two women. Substitution is allowed, but there must always be a minimum of 2 women. If the third woman comes late, she takes the place in the batting order of the automatic out.
- Once a team has batted through its entire line up the lineup cannot be altered to facilitate late players. Substitutions may be made, but additional players may not be added to the bottom of the lineup.
- Substitutions and re-entry are done after a team completes its at-bat, not while at bat. This is to make it easier for the other team to update their scorebook. The team captain must tell the opposing team captain when a substitution is made, and which place in the batting order the new player takes.



- Any of the starting players may withdraw and re-enter once, provided such player occupies the same batting position whenever he or she is in the lineup.
- A substitute who is withdrawn may not re-enter

Delay of Game Penalties

To expedite the pace of play and allow us the time required to use a 0-0 count, we will expect teams to be quicker between innings and between batters. Penalties will be added for slow play.

- In-Between Innings:
 - After the last out of an inning, each team will have 60 seconds to change sides.
 - After 60 seconds, the umpire will signal the start of play for the new inning.
 - After 70 seconds, if one team is not ready, that team will incur a penalty:
 - If the offense is not ready to bat, the first batter starts with an 0-1 count.
 - If the defense is not ready to field, the first batter starts with a 1-0 count.
 - Additional Balls or Strikes can be called every 10 seconds if the offending team is still not ready to play.
- In-Between Batters:
 - Teams are expected to have the next player up to bat ready on-deck.
 - The umpire may call a 10-second clock on any player they believe is delaying the game by not being prepared for their turn to bat.
 - If the player is still not ready to bat after 10-seconds, the batter starts with an 0-1 count.

LEAGUE RULES

Field Details

- Distance from home plate apex to pitching plate edge is 50 feet.
- Distance from home plate apex to base outside corner is 65 feet.
- The black border that outlines the plate is NOT considered part of Home Plate.
- Home team occupies the dugout on the first base sideline.

Equipment

- All players must wear close toed shoes, no sandals, boots or bare feet.
- Only official softball equipment may be used.
- All Bats must be ASA certified.
- Bats will be inspected by the umpires to insure they meet specifications set forth by ASA.
- Any player that is caught using a banned bat in competition will be an automatic out, ejected from the game, and suspended 1 more game. The coach will receive the same suspension as their player.
- Metal spikes are NOT allowed; failure to comply will result in ejection.



Game Balls

- All Game Balls must follow these specification:
 - 12", Synthetic, Max .52 COR, Max 300 lbs. Compression.
- Game Balls will be distributed to every team before the season.
- Each game, the Home Team will provide the Game Balls.

Tournament / Playoff Format

The playoff brackets for each league will be determined based on the number of teams in each league.

IN A 5-TEAM LEAGUE:

- The Top 3 teams advance to a single elimination tournament to decide the champion.
- The 4th and 5th place team play a "play-in" game to earn the #4 seed and become the 4th team in the tournament.

IN A 6-TEAM LEAGUE:

- The Top 4 teams play in a single elimination tournament to decide the champion.
- The 5th and 6th place teams play a consolation game.

IN A 8-TEAM LEAGUE:

- The Top 4 teams play in a single elimination tournament to decide the champion.
- The Bottom 4 teams play in a single elimination consolation tournament for 5th place.

IN A 10-TEAM LEAGUE:

- The Top 8 teams play in a single elimination tournament to decide the champion.
- The Bottom 2 teams play a consolation game.

Tie-Breakers

If two or more teams are tied at the end of the season, the following tie breaker(s) will be used to determine the regular season champion and seeding for the tournament:

- The team with the best record in head-to head competition.
- The team with the most runs scored in head to head competition.
- The team with the best run differential.
- The team with the most runs scored overall.



Promotion / Relegation

At the end of each season, some teams may be required to move up or down to a different league for the following season, based on performance. While we do not want to force any team to move game nights, it is necessary for the league to maintain a competitive balance on every night.

WINNING / PROMOTION

- If a team wins their league's regular season title, the team will be placed LAST in line to reserve a spot on the same night the next season.
- If a team wins their league's tournament title, the team will be placed 2ND TO LAST in line to reserve a spot on the same night the next season.
- The teams will be placed 1st / 2nd in line to reserve a spot in the next highest league.
- If 10+ teams qualify to reserve a team in the lower league, your team will not be eligible to play in the same league again that season.

LOSING / RELEGATION

- If a team fails to win 3 or more games, the team will be placed LAST in line to reserve a spot on the same night the next season.
- The team will be placed last in line overall, behind the tournament and regular season winners.
- Forfeits do not qualify as wins towards the 3-win requirement.
- If 10+ teams qualify to reserve a team in the higher league, your team will not be eligible to play in the same league again the next season.
- Your team will be eligible to play in the next lowest league the following season.

EXCEPTIONS

- Exceptions may be granted in the event of forced promotions.
- There are no exceptions to forced relegations.
- Exceptions may be granted in circumstances where the employees of a company are unable to field a team on their required game nights.
- If the team can show that more than 50% of their previous season's roster would be unable to play on a different night, the team may qualify for a waiver and be allowed to stay in their previous league.
- Exceptions will be reviewed on a case-by-case basis during the off-season.



GAME TIMES & SCHEDULING

Game Starting Times

- Official starting times for all games will be 5:50pm for a single game, or 7:10pm for the 2nd game of a double header.
- At 5:48pm, the Umpire will call for the Home team to take the field.
- If a team does not have enough players to start the game at 5:50pm, they are allowed up to a 5-minute grace period to field a full roster.
- If a team cannot field a valid starting lineup at 5:55pm, the team will forfeit the game.
- Regardless of when the game starts, no inning shall begin after 7:00pm.
- If required, the second game of a double header will start at 7:10pm, or ASAP after the first game ends.
- There is no 5-minute grace period allowed for a 7:10pm game.
- A single game will have a duration of 1 hour.
- The umpire will give a 10-minute warning for the end of game time. No new inning will start once the umpire has announced the time.

Rainouts

- Before 4pm on any game day, in case of rain or unplayable field conditions, the head umpire or the commissioner will declare a rainout of games that will not be played by sending email to the team captains.
- If the umpire rules the field unplayable at game time, the game will be declared a rainout and rescheduled.
- If the game is in progress, the umpire has the right to suspend play due to rain, lightning, darkness, or unplayable field conditions.
 - If a game is stopped after 5 complete innings, or 4 ½ if the home team is winning, then the game is official.
 - If a game is stopped before 5 innings, the game will be resumed where it left off.
 - Games that are suspended due to rain or darkness are resumed at the point they were suspended. A separate set of players may play in the resumed game, but the male-female sequence in the original batting order should be maintained in the resumed game, or as close as practical, through the first eight positions of the batting order.
- The league commissioners will reschedule all cancelled or suspended games. The league will notify the teams involved through the web site.
- If a rained-out game cannot be played before the end of the season, then each team is awarded +0.5 points in the league standings.



Forfeits

- If a team must cancel a game for any reason, they must inform commissioner and the other team at least 1 week before the game via e-mail. Any later notice will result in a forfeit.
- The team responsible for calling a forfeit prior to the scheduled game time, must inform the league commissioner, the team effected and the head umpire of the decision in the event prior to game time.
- Forfeits will result in a 7-0 score in favor of the wining team.

UMPIRING & ARGUMENTS

Umpires

- Umpire coordinator is Jimmy Mullen (mullen5276@yahoo.com).
- Umpires will be supplied by RTPSL.
- Umpires will discuss ground rules before the game starts.
- Email is the preferred method of contact.

Arguments

- Judgment calls cannot be argued.
- All decisions of the umpires are FINAL.
- Rules interpretations may be challenged, but only by team captains. Players are not allowed to discuss matters with umpires.
- There is a protest rule. A coach may protest a game if and only if one of the two following circumstances occurs:
 - An opposing team has players on the field that are found not to be on the roster.
 - An opposing team uses illegal equipment.
- All formal protests need to be emailed to the commissioners no later than 24 hours after the completion of the game. The email must contain the reason for the protest and the circumstances of the situation. The protest will be reviewed by the commissioners. If the protest is found to be upheld, the protesting team will be rewarded a victory and the team that was found to be in violation will be given a loss.
- If an umpire incorrectly interprets the rules, the commissioners should be notified in writing via email. The outcome of the game cannot be changed but the league will try to clarify the rule, especially to the umpire who incorrectly applied it.



Ejections

- The umpires and commissioners have the right to eject any person from a recreational facility within their jurisdiction.
- Umpires should report ejections to the commissioner.
- Any player or coach ejected from a game will not be eligible to play in their team's next game.
- Any player ejected from two games will be suspended for the remainder of the season, including tournaments.
- Any ejected player or participant who does not leave the field within two minutes or who continues to harass other participants shall cause the game to be forfeited by his/her team.
- Minor violations may result in a warning, one time only, from the umpire.

LEAGUE CONTACTS

Ryan Mentock, Commissioner
play@durhamsftball.com

Jimmy Mullen, Head Umpire
mullen5276@yahoo.com


THE RESEARCH TRIANGLE PARK
SOFTBALL LEAGUE
softballrtp.com
facebook.com/rtpsoftball/

